

E L T H A M C O L L E G E

GLORIA FILIORUM PATRES

2 nd January 2012 Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup			Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day
Main Course			Sausages with Onion Gravy and Mashed Potatoes	Lamb and Aubergine Moussaka	Battered Cod Fillet with Tartare Sauce
Vegetarian			Leek Mushroom Goat Cheese Strudel	Winter Vegetable Oaty Crumble	Spinach cheese and Mushroom Tart
Vegetable & Potato			Mashed potatoes Baton Carrots Brussels Sprouts	New Potatoes Cauliflower Florets Red Cabbage	Chipped Potatoes Baked Beans Peas
Baguette Bar			Ham and Tomato Baguette	Poppy Seed Bagel with Cream Cheese and Cucumber	BBQ chicken and Lettuce Wrap
Jacket potato Filling			Chilli Con Carne	Coleslaw	Baked Beans
Cold Dessert			Daily cheese and crackers	Daily fresh fruit pot	Daily cold desert
Hot Dessert			Rice Pudding Banana Toffee Sauce	Apple and Date Crumble with Custard	Carrot Cake with custard

ELTHAM COLLEGE



9 th January 2012 Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day
Main Course	Braised Chicken Winter Vegetable and Wine Sauce	Tuna Olive and Sweetcorn Pasta Bake	Roast Pork with Apple Sauce and Gravy	Beef Steak and Onion Ale Pie	Battered Cod Fillet served with Chipped Potatoes
Vegetarian	Chilli Bean Pot with Rice	Tomato and Mascarpone Pasta Bake	Stilton and Mushroom Wellington	Mediterranean Olive Loaf	Vegetable Lasagne
Vegetable & Potato	New Potatoes Broccoli Florets Braised Cabbage	Penne Pasta Broccoli Florets Vegetable Medley	Roast potatoes Baton Carrots Brussels Sprouts	Mashed Potatoes Cauliflower Florets Braised Leeks	Chipped Potatoes Baked Beans Peas
Baguette Bar	BBQ chicken and Lettuce Wrap	Poppy Seed Bagel with Cream Cheese and Cucumber	BBQ chicken and Lettuce Wrap	Poppy Seed Bagel with Cream Cheese and Cucumber	BBQ chicken and Lettuce Wrap
Jacket potato Filling	Cheesy Leeks	Vegetable Curry	Chilli Con Carne	Coleslaw	Baked Beans
Cold Dessert	Daily fresh yoghurt with fruit topping	Daily Fresh Fruit	Daily cheese and crackers	Daily fresh fruit pot	Daily cold desert
Hot Dessert	Suet Sponge with Raspberries and Custard	Coconut Jam Sponge with Custard	Rice Pudding with Ginger Sauce	Apple and Apricot Crumble with Custard	Banana Cake with custard

ELTHAM COLLEGE



16 th January 2012 Week 3	Monday	Tuesday	Wednesday	Thursday	Friday Chinese new year
Soup	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day
Main Course	Cumberland Sausages with Mashed Potatoes	Braised Chicken with Baby Onions and Parsley	Roast Beef with Yorkshire Pudding and Horseradish Sauce	Lamb Lancashire Hot Pot	Battered Cod Fillet served with Chipped Potatoes
Vegetarian	Aubergine Mushroom Pasticcio	Butternut Squash Curry	Onion Thyme and Beetroot Tatin	Spinach Sage and Edam Gratin	Vegetable and Noodle Spring Roll with Soy Sauce
Vegetable & Potato	Mashed Potatoes Peas Carrots	Steamed Rice Braised Leeks Green Beans	Roast potatoes Baton Carrots Cabbage	New Potatoes Sweet Corn Red Cabbage	Chipped Potatoes Baked Beans Peas
Jacket Potato Filling	Chilli Con Carne	Vegetable Chilli	BBq Beans	Vegetable Curry	Baked Beans
Baguettes	Ham and Tomato Baguette	Chilli Bean Wrap	Ham and Tomato Baguette	Chilli Bean Wrap	Ham and Tomato Baguette
Cold Dessert	Daily fresh yoghurt with fruit topping	Daily fresh fruit	Daily cheese and crackers	Daily fresh fruit pot	Daily cold desert
Hot Dessert	Jam Suet Pudding with Custard	Banana Cake with Custard	Rice Pudding with Apricot Sauce	Plum Crumble with Custard	Ginger cake with custard

ELTHAM COLLEGE



23 rd January 2012 Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day
Main Course	Chicken Leek and Mushroom Pie	Beef Bolognese with Penne Pasta	Roast Turkey with Cranberry Sauce	Pork Meatballs with tomato Sauce	Battered Cod Fillet served with Chipped Potatoes
Vegetarian	Vegetable Frittata	Puy Lentil Ragù	Root Vegetable Pie	Cauliflower Gratin	Wholemeal Cheese and Tomato Baguette Pizza
Vegetable & Potato	New Potatoes Carrots Seasonal Greens	Penne Pasta Broccoli Florets Peas	Roast potatoes Baton Carrots Red Cabbage	Steamed Rice Braised Cabbage Sweet Corn	Chipped Potatoes Baked Beans Peas
Baguette Bar	Bacon Lettuce and Tomato Baguette	Hummus and Crunchy Salad Wrap	Bacon Lettuce and Tomato Baguette	Hummus and Crunchy Salad Wrap	Bacon Lettuce and Tomato Baguette
Jacket Potato Filling	Chilli Con Carne	Vegetable Chilli	BBq Beans	Vegetable Curry	Baked Beans
Cold Dessert	Daily fresh yoghurt with fruit topping	Daily fresh fruit	Daily cheese and crackers	Daily fresh fruit pot	Daily cold desert
Hot Dessert	Chocolate Suet Pudding with Custard	Mincemeat Sponge with Custard	Rice Pudding with Ginger Syrup	Apple and Apricot Crumble with Custard	Lemon cake with custard

ELTHAM COLLEGE



30 th January 2012 Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day
Main Course	Braised Lamb with Fresh Herbs	Chicken Casserole with Mushrooms	Gammon Ham with Mustard Gravy	Beef Curry with Yoghurt Dressing	Battered Cod Fillet served with Chipped Potatoes
Vegetarian	Oven Roasted Mediterranean	Risotto Verde	Vegetable Herb Cobbler	Pumpkin Coconut Ginger Chilli and Coriander Curry	Leek Red Onion and Cheese Scone
Vegetable & Potato	CousCous Broccoli Florets Peas	Mashed Potato Sweet Corn Brussels Sprouts	Roast potatoes Baton Carrots Cabbage	Steamed Rice Green Beans Vegetable Medley	Chipped Potatoes Baked Beans Peas
Jacket Potato Filling	Chicken and Sweet Corn	Ravioli	Bacon Lettuce and Tomato Baguette	Cauliflower Cheese	Baked Beans
Baguettes	Sweet Chili Chicken and Lettuce Baguette	Smoked Salmon Mousse Bagel	BBq Beans	Smoked Salmon Mousse Bagel	Sweet Chili Chicken and Lettuce Baguette
Cold Dessert	Daily fresh yoghurt with fruit topping	Daily fresh fruit	Daily cheese and crackers	Daily fresh fruit pot	Daily cold desert
Hot Dessert	Lemon Suet Pudding with Custard	Carrot and Raisin Sponge with Custard	Rice Pudding with Ginger Syrup	Rhubarb crumble and custard	Marble cake with custard

ELTHAM COLLEGE



6 th February 2012 Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day	Homemade Soup of the day
Main Course	Chicken and Mushroom Pie	Beef Bolognese with Penne Pasta	Honey Roast Ham with Mustard Gravy	Lamb Curry	Battered Cod Fillet served with Chipped Potatoes
Vegetarian	Ratatouille Crumble	Courgette Lemon Chilli Pasta	Tomato and Fennel Gratin	Vegetarian Hash	Vegetable Quesadillas
Vegetable & Potato	Mashed Potatoes Red Cabbage Sliced Carrots	Penne Pasta Sweet Corn Flamonde Vegetables	Roasted Potatoes Baton Carrots Vegetable Medley	Steamed Rice Green Beans Sweet Corn	Chipped Potatoes Baked Beans Peas
Baguette Bar	Ham and Tomato Baguette	Chilli Bean Wrap	Ham and Tomato Baguette	Chilli Bean Wrap	Ham and Tomato Baguette
Jacket potato Filling	BBq Beans	Vegetable Curry	Leeks in Cheese Sauce	Ratatouille	Baked Beans
Cold Dessert	Daily fresh yoghurt with fruit topping	Daily fresh fruit	Daily cheese and crackers	Daily fresh fruit pot	Daily cold desert
Hot Dessert	Suet Sponge with Ginger and Custard	Marmalade Sponge with Custard	Rice Pudding with Raspberry Jam	Fruits of the Forest crumble and custard	Bakewell Tart with custard



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup					
Main Course					
Vegetarian					
Vegetable & Potato					
Baguette Bar					
Jacket potato Filling					
Cold Dessert					
Hot Dessert					